

# POWER LIFT®

POWERFUL IDEAS FOR POWERFUL RESULTS

## PRO PLATE SEATED CHEST PRESS

Power Lift's Seated Chest Press is the top chest press machine on the market. Three adjustable start positions allow for versatile workouts, and independent work arms ensure that arms can be worked independently or simultaneously. The industry-leading Seated Chest Press effectively builds the pectoralis muscles, the triceps and additional chest and arm muscles.

### KEY FEATURES:

- Independent converging work arms
- Weight storage standard
- Ratchet lock seat adjustment
- Vertical and horizontal grip positions
- 3 adjustable start positions on work arms
- Counter balanced for low start resistance
- Urethane foot pads standard
- Ratchet seat mechanism accommodates all user sizes
- Low start resistance, with ability to add plates to accommodate all fitness levels
- Standard counter balance
- 3" thick pads for user comfort and support
- Movable joints feature ball bearings
- Standard weight horns



### Overall Dimensions:

47" (D) x 63" (W) x 82" (H)  
450 lbs. (Approximate Weight)

### Warranty:

Lifetime conditional warranty on frame components. Five years on rotary bearings, guide rods, pulleys and weight plates. One year on belts, cables and grips. Ninety days on upholstery and items not specified.

### Part Number:

81274A

powerliftusa.com  
800.872.1543

